

# Cafe Baroque

## House of SOUPS & Deli

### Signature Soups



Choose from a tempting selection of healthy homemade soups specially created by our Chef. Healthy & wholesome, accompanied by side of warm bread rolls.

Five different options available daily

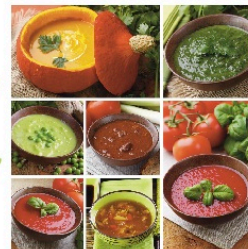
Veggie	15.00
Non Veg	19.00
Organic	22.00

4 great reasons to have our AWESOME SOUPS

- Low fat, excellent for weight loss
- Replaces heavy dinner or lunch, light yet filling
- Bowl full of vitamin, minerals & anti-oxidants
- Tastes unbelievably good

All our soups are lactose free

- |                            |                                    |
|----------------------------|------------------------------------|
| * Gazpacho (Cold Soup) ✓   | * Chili Coriander & Sweet Potato ✓ |
| * Thai Chicken and Pumpkin | * Dhal & Spinach ✓                 |
| * Lemony Carrot ✓          | * Classic Pumpkin ✓                |
| * Vegetable Soup ✓         | * Zucchini & Potato ✓              |
| * Tom Ka Gai               | * Mushroom ✓                       |
| * Tomato & Basil ✓         | * Pumpkin & Cumin ✓                |
| * Mushroom & Celery ✓      | * Chicken & Oats                   |
| * Broccoli & Cauliflower ✓ | * Leek & Potato ✓                  |
| * Carrot & Ginger ✓        | * Spinach & Sweet Potato ✓         |
| * Spinach Soup ✓           | * Chili Chicken & Sweet Corn       |



### Scrumptious Salads



- |   |       |
|---|-------|
| Cafe Baroque's Special<br>Char-grilled Chicken, Spinach, Avocado, Green Pea & Mint served with Cafe Baroque Dressing                  | 22.00 |
| Smokey Pinky Salad<br>Smoked Salmon, Avocado, Rocket Leaves sprinkled with Feta Cheese & served with Cafe Baroque Dressing            | 25.00 |
| Salad Al Tono<br>Tuna, Bed of Lettuce, Tomato & Onions served with light Mayonnaise Dressing  | 22.00 |
| Smoked Chicken Salad<br>Smoked Chicken, Mixed Greens, Celery, Almond, Grapes, Cucumber & Tomato served with light Mayonnaise Dressing | 22.00 |
| Classic Chicken Caesar<br>Chicken, Bed of Lettuce, Parmesan, Cheese, Croutons & Anchovies served with Caesar Dressing                 | 22.00 |
| Goat Cheese Salad ✓<br>Warm Goat Cheese, Spinach with Pine Nuts and Honey Mustard Dressing  | 38.00 |
| Fennel and Apple Salad ✓<br>Fennel, Apple, Spinach with Organic Celery Seed Dressing  | 30.00 |
| Halloumi & Roasted Tomato Salad ✓<br>Halloumi, Roasted Tomato & Rocket Leaves with Lemon Zest Dressing                                | 35.00 |
| Ruby Red Salad ✓<br>Smoked Salmon, Grapefruit & Rocket Leaves with Mustard Dressing   | 35.00 |
| Raw Beetroot Salad ✓<br>Beetroot, Carrot, Apple & White Radish with Orange Mint Dressing  | 35.00 |
| Grilled Egg Plant & Rocket Leaves Salad ✓<br>Char-grilled Egg Plant & Rocket Leaves with Cafe Baroque Dressing                        | 25.00 |



# Savoury Sandwiches

- Cafe Baroque's Special 30.00  
Beef Tenderloin, Mushrooms & Mixed Bell Peppers served with Three Pepper Sauce
- The Viking Sandwich 25.00  
Smoked Salmon, Spinach, Onions with Capers & Dill Dressing
- Turkey Sandwich 22.00  
Turkey Ham, Lettuce, Tomato, Boiled Egg Slices, Cucumber & Onions
- Hot Chick Sandwich 22.00  
Marinated Grilled Chicken Breast, Lettuce, Avocado, Tomato & Cucumber served with Three Pepper Sauce
- Oceano Sandwich 22.00  
Tuna, Celery, Tomato & Lettuce with Light Mayonnaise
- Veggie Sandwich ✓ 20.00  
Talk to our Chef to Create a Veggie Sandwich of Your Choice
- Goat Cheese Sandwich ✓ 30.00  
Warm Goat Cheese, Rocket Leaves, Tomato & Pine Nuts with Honey Mustard Dressing



# Juice-a-licious

- Fennel Fresh 18.00  
Fennel Bulb + Spinach + Apple + Lemon
- Ruby Red  
Beetroot + Orange + Hint of Ginger
- Fresh Tasty  
Carrot + Apple + Cucumber
- The Classic  
Carrot + Orange
- Morning Sunshine  
Apple + Carrot + Lemon + Celery + Cucumber + Ginger



Purest form of Fruits with no added sugar or water

- Detox  
Beetroot + Apple + Carrot + Hint of Ginger
- Zesty Mint  
Lemon + Mint + Sugar
- C2 + A  
Celery + Carrot + Apple
- Juicy Hawaii  
Pineapple + Apple + Cucumber
- Energiser  
Spinach + Parsley + Cucumber + Celery + Red & Green Pepper



- The Beauty Drink  
Cucumber + Celery + Spinach + Apple + Lemon + Ginger

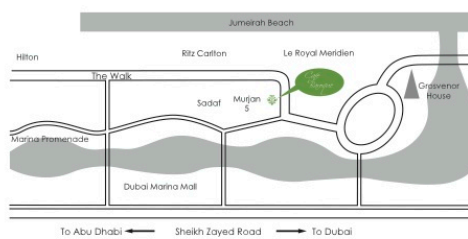


# Fresh Smoothies

- \* Smooth Strawberry Banana
- \* Carrot & Orange
- \* Chocolate Bliss Smoothie
- \* Chocoffee
- \* Slimming Smoothie (The one for weight loss)
- \* Green power

Call us to find out about:

- \* All Day Breakfast
- \* weekly / monthly healthy weight-loss food menus
- \* special events catering



Delivering HEARTY, HEALTHY & DELICIOUS FOOD to your doorstep

8 am to 10 pm  
Minimum order-AED 35  
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